



Sustainable Development Unit



Public Health
England



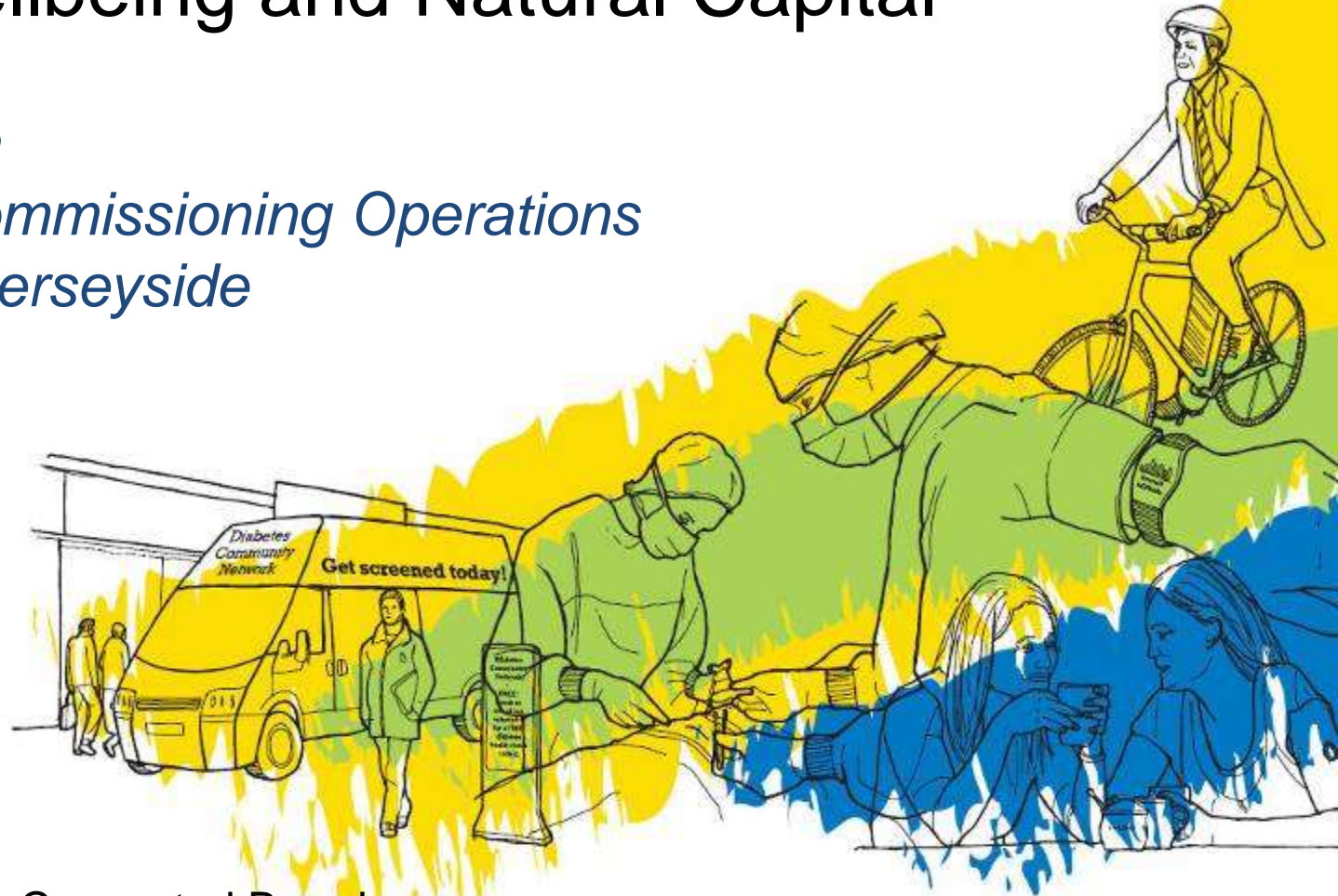
Health, wellbeing and Natural Capital

Clare Duggan

Director of Commissioning Operations

Cheshire & Merseyside

NHS England



Merseyside Nature Connected Board,

The role of the NHS England

Patient-focused, clinically-led organisation that has the culture, style and leadership to truly improve outcomes for patients

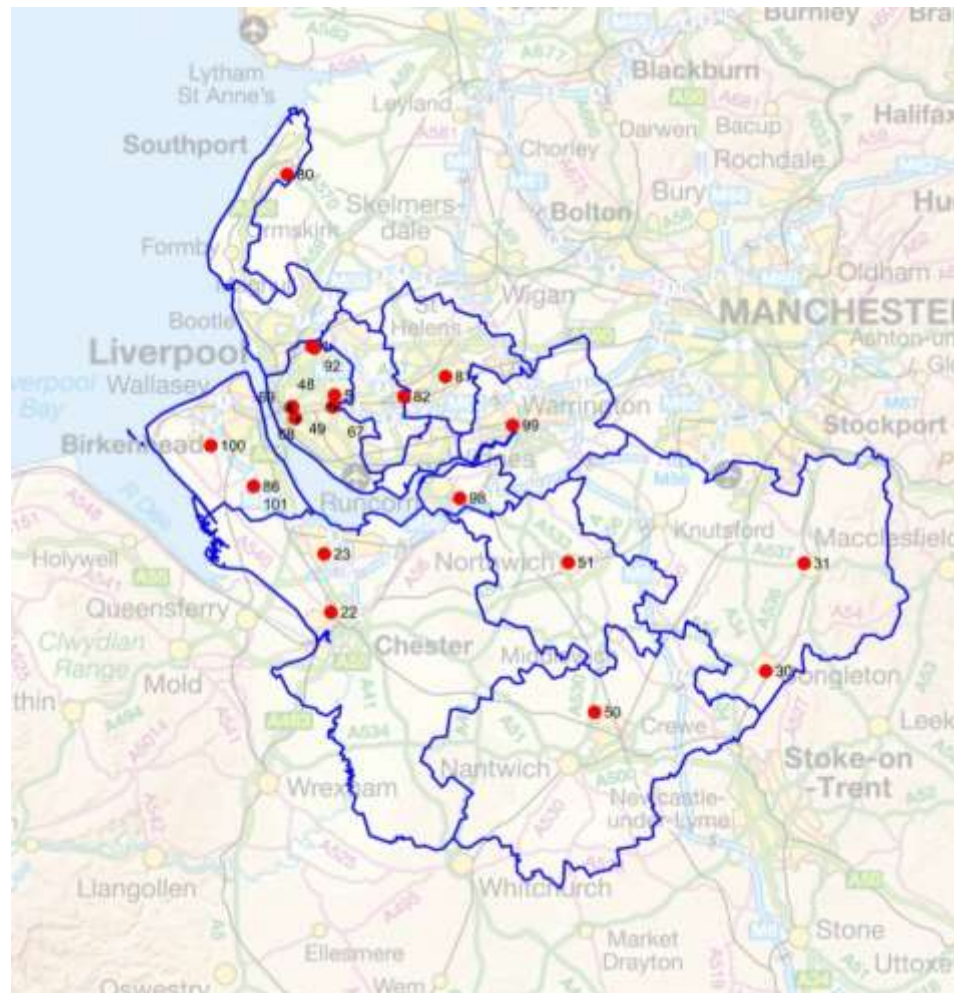
- To allocate resources to clinical commissioning groups (CCGs)
- To support CCGs to commission services on behalf of their patients (according to evidence-based quality standards)
- To have direct responsibility for commissioning services:
 - primary care;
 - military and prison health services;
 - high secure psychiatric services; and
 - specialised services.

High quality care for all, now and for future generations

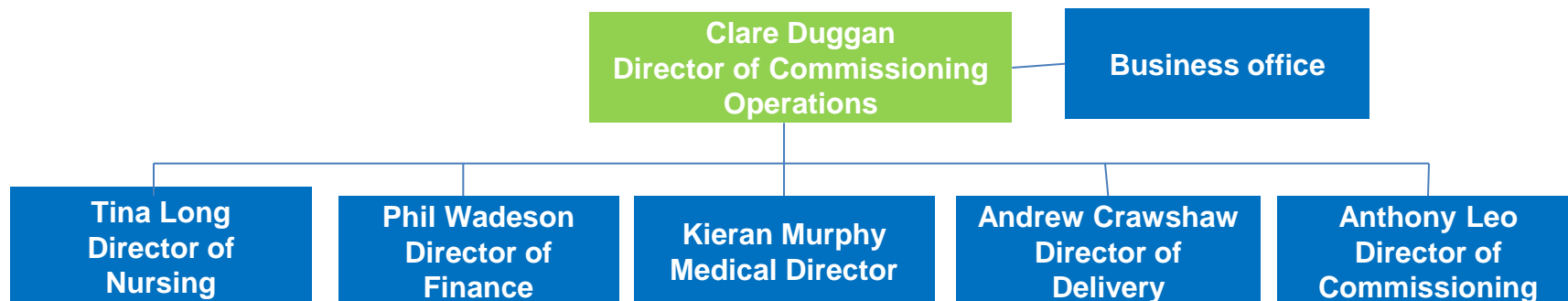
- We prioritise patients in every decision we take
- We listen and learn
- We are evidence-based
- We are open and transparent
- We are inclusive
- We strive for improvement

Cheshire & Merseyside at a glance

- Population of 2.5million
- 9 Health & Well Being Boards, Local Authorities & OSCs
- 12 CCGs
- 9 Acute Providers
- 6 Community/Mental Health Providers
- 5 Specialised Provider
- £2.67billion budget (£2billion Spec Comm)
- 23 Public Health Contracts
- 419 GP Contracts
- 307 Optometry Contracts
- 621 Pharmacy Contracts
- 373 Dental Contracts
- 2166 GPs on Performers List, 100% allocated an appraisal for this year



Cheshire & Mersey

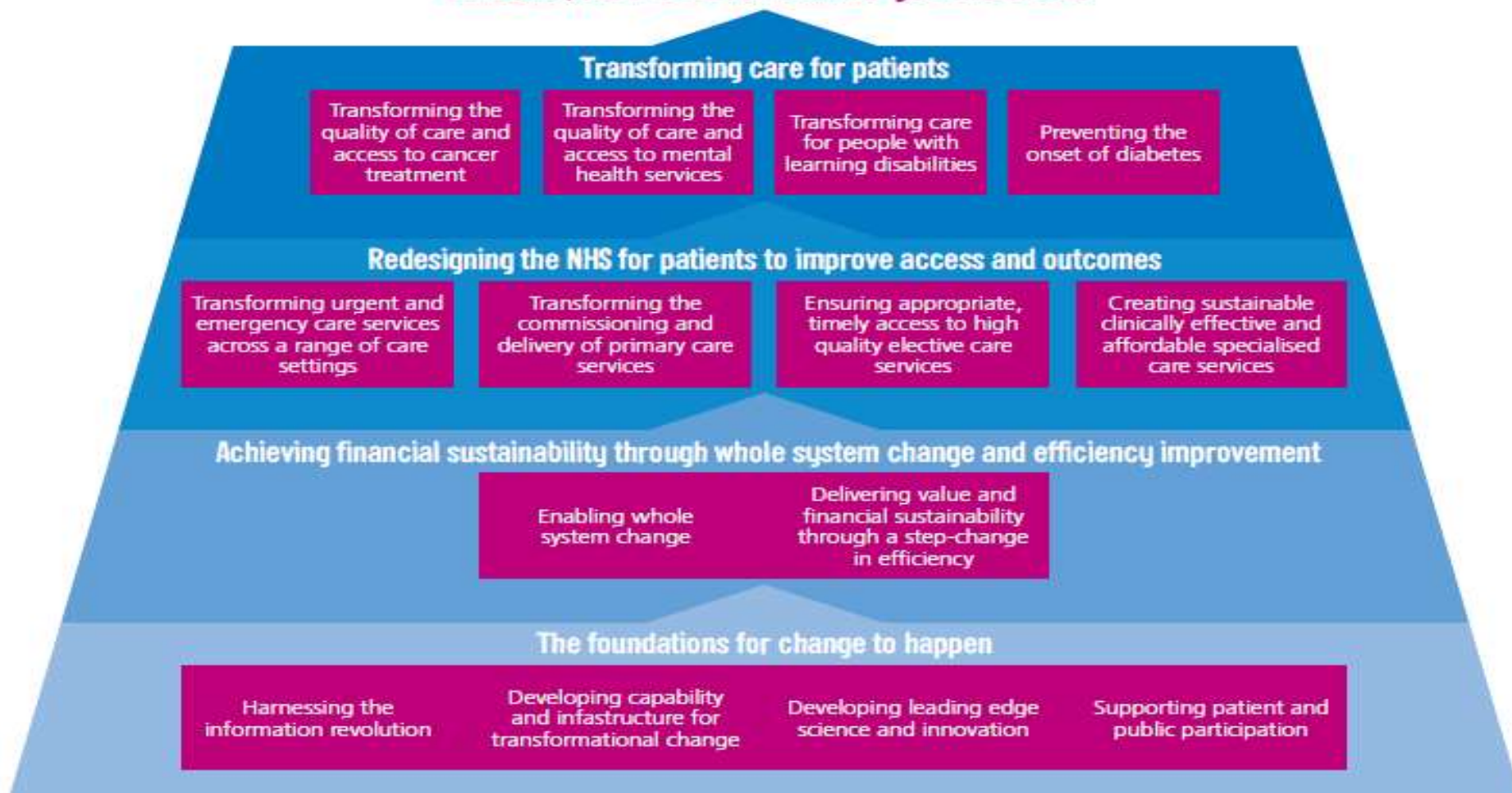


Current challenges

- Quality
- Increasing need
- People living longer
- New Treatment options
- Innovation – digital revolution
- 7 day working
- Transparency
- Choice
- Care closer to Home
- Economic restraint

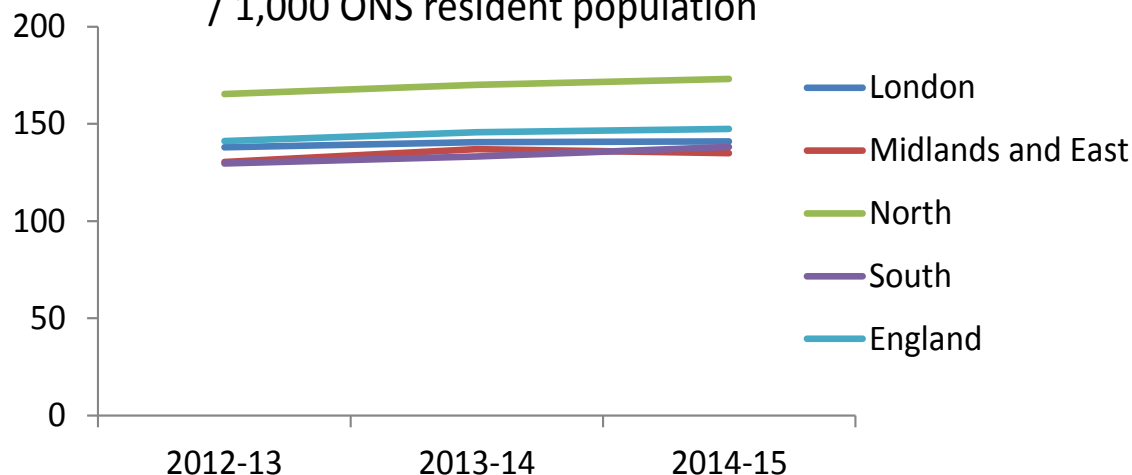
NHSE Priorities

High quality health care for all patients and citizens, now and for future generations.

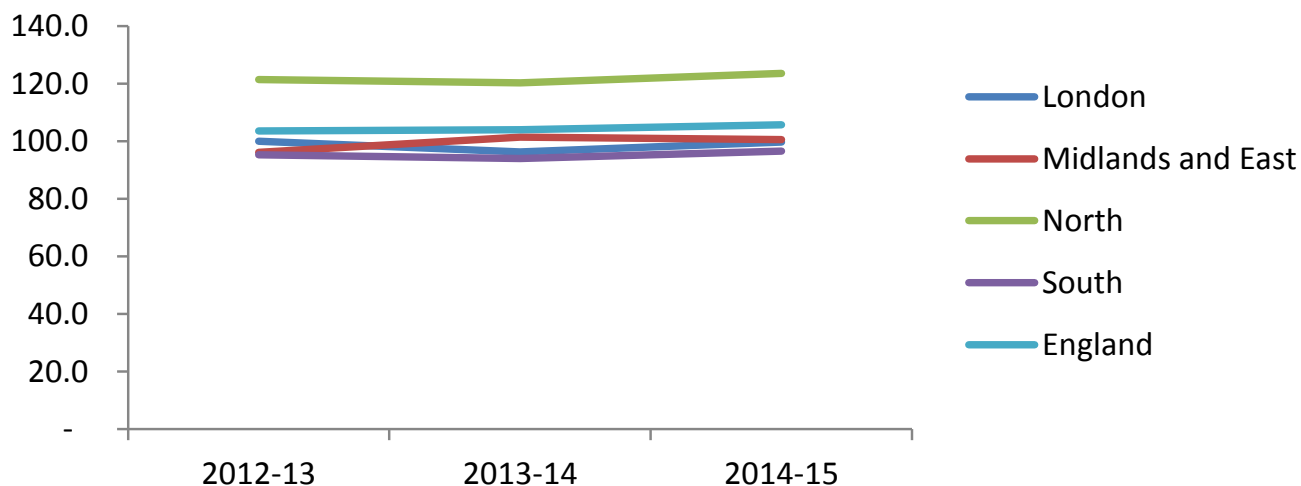


Higher hospitalisation rates

Elective G&A Total Admissions (FFCEs)
/ 1,000 ONS resident population



Non-elective G&A Admissions (FFCEs)
/ 1,000 ONS resident population





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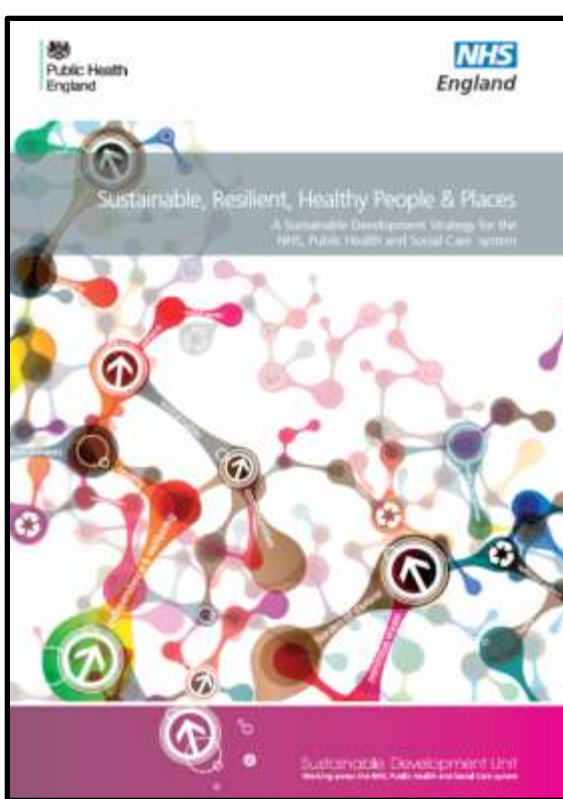
Sustainable, Resilient, Healthy People & Places

A Sustainable Development Strategy for the
NHS, Public Health and Social Care system

 **Sustainable
Development Unit**

Working across the NHS, Public Health and Social Care system

www.sduhealth.org.uk



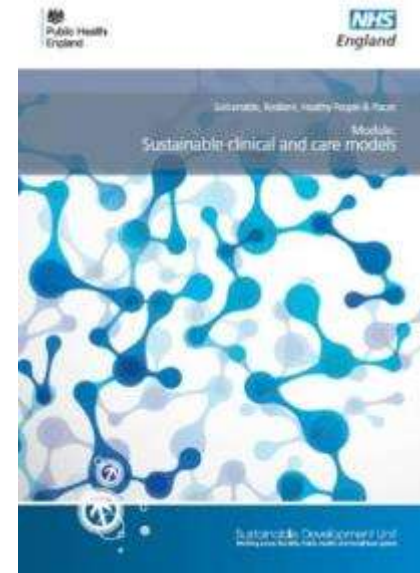
Commissioning and Procurement



Leadership



Clinical and care models



Carbon hotspots



Resilient Communities



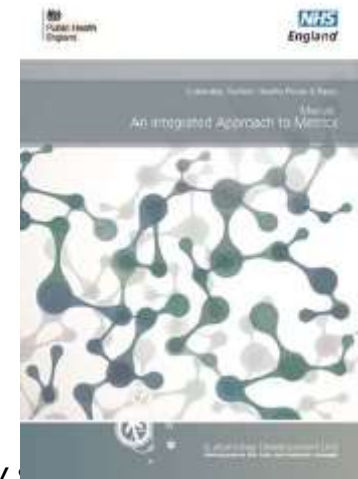
Creating social value



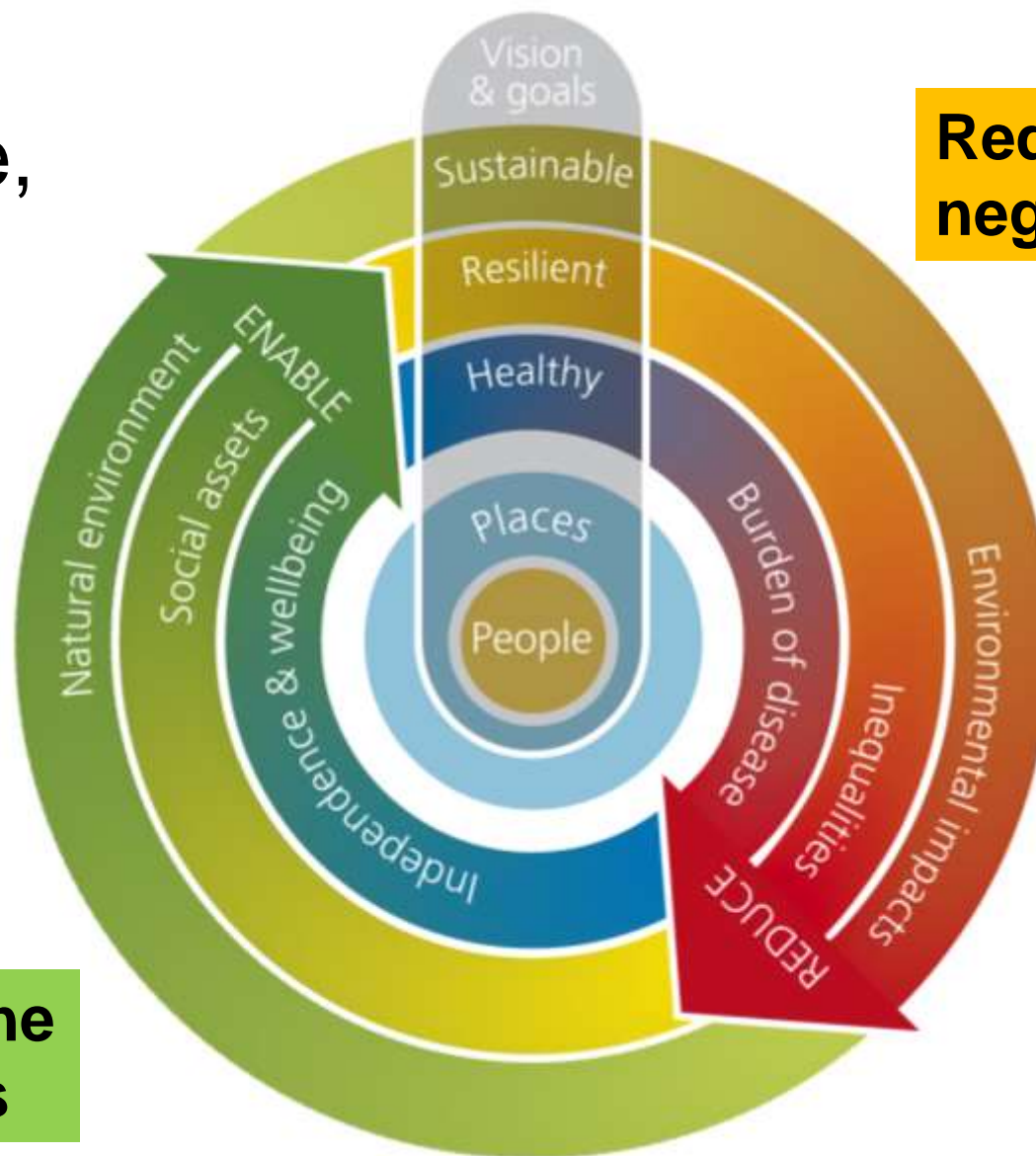
Research, innovation and tech



Integrated approach to metrics



Sustainable, Resilient, Healthy, Places and People

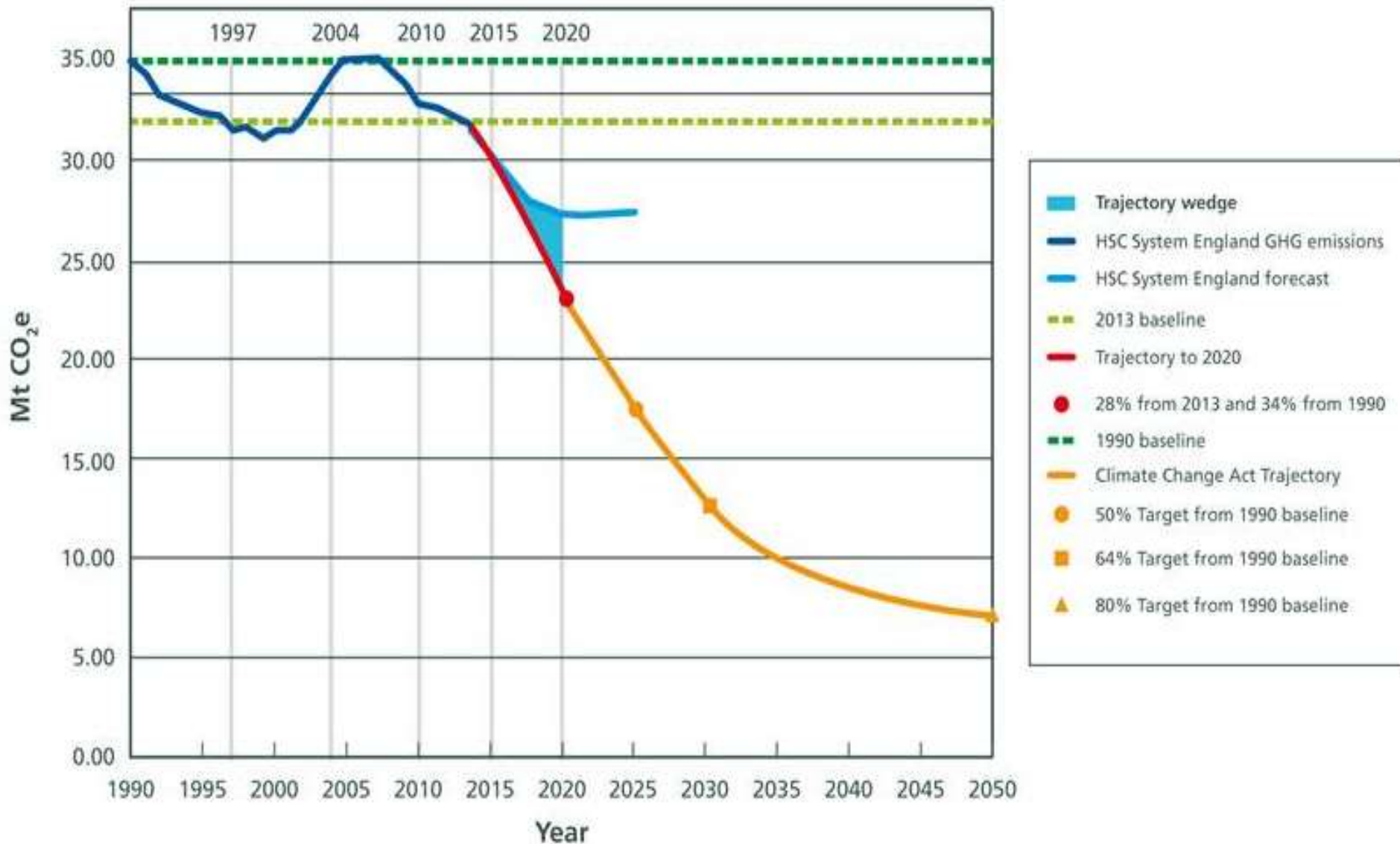


**Reduce the
negatives**

**Enable the
positives**

Health and Social Care England Carbon Footprint

CO₂e baseline from 1990 to 2025 with Climate Change targets







Lambeth GP Food Co-op growing on NHS land





*coordinated by the charity,
the [Centre for Sustainable
Healthcare](#).*

- improve the health and wellbeing of staff, patients and communities through increasing access to green space on or near to NHS land
- encourage greater social cohesion between NHS sites and the local communities around them
- bring together professionals and volunteers to use new and existing woodland for art, food crops, reflective or exercise spaces
- encourage biodiversity
- encourage the use of green space for therapeutic purposes

MOVE MORE

Physical activity the underrated 'wonder drug'

*Access to the
natural
environment
significantly
improves
physical
activity*

“The potential benefits of physical activity to health are huge. If a medication existed which had a similar effect, it would be regarded as a ‘wonder drug’ or ‘miracle cure’.”

Liam Donaldson, Annual report of the Chief Medical Officer, 2009

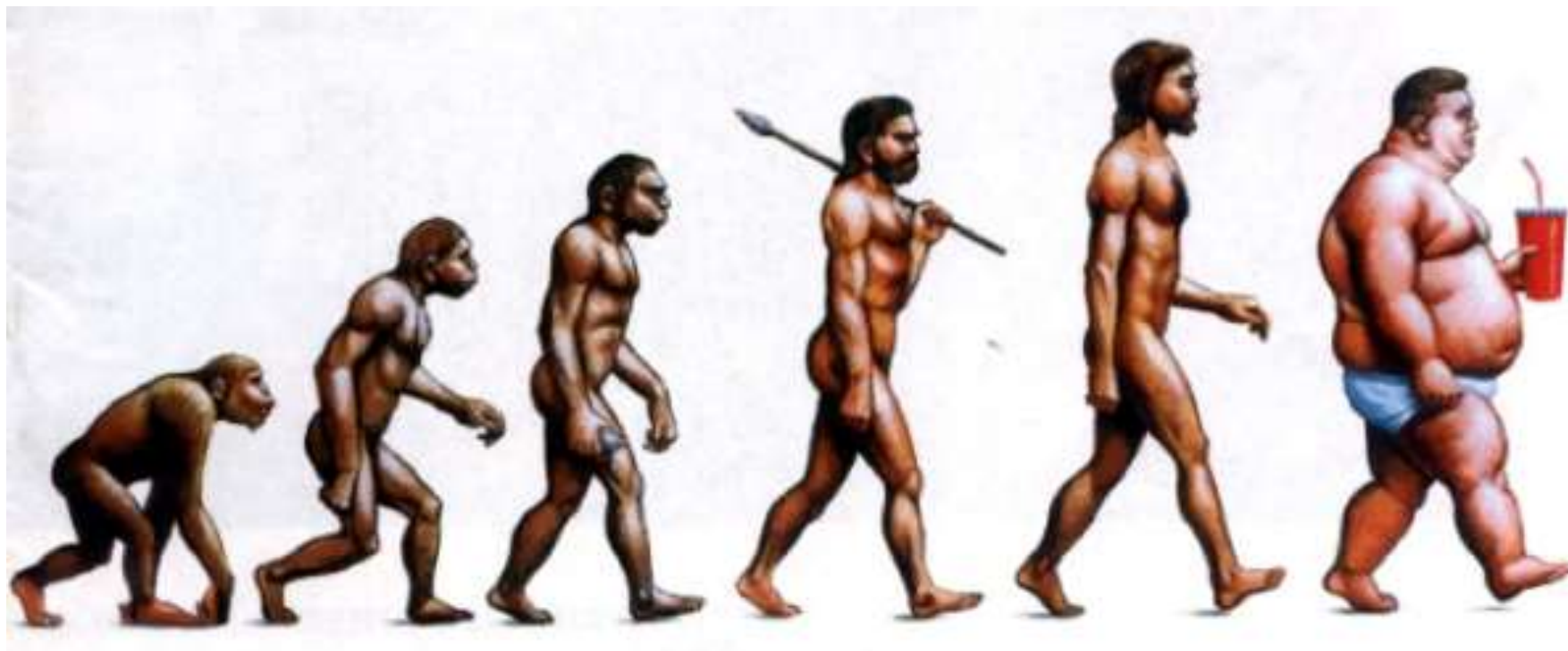
Why the natural environment is important sustainable health

- There has been a 60% increase in diabetes in the last 10 years [now costing the NHS nearly 10% of its budget].
- Physical activity and better diet is key to preventing overweight and obesity
- Hospital beds that have views of the natural environment are associated with reduced lengths of stay.



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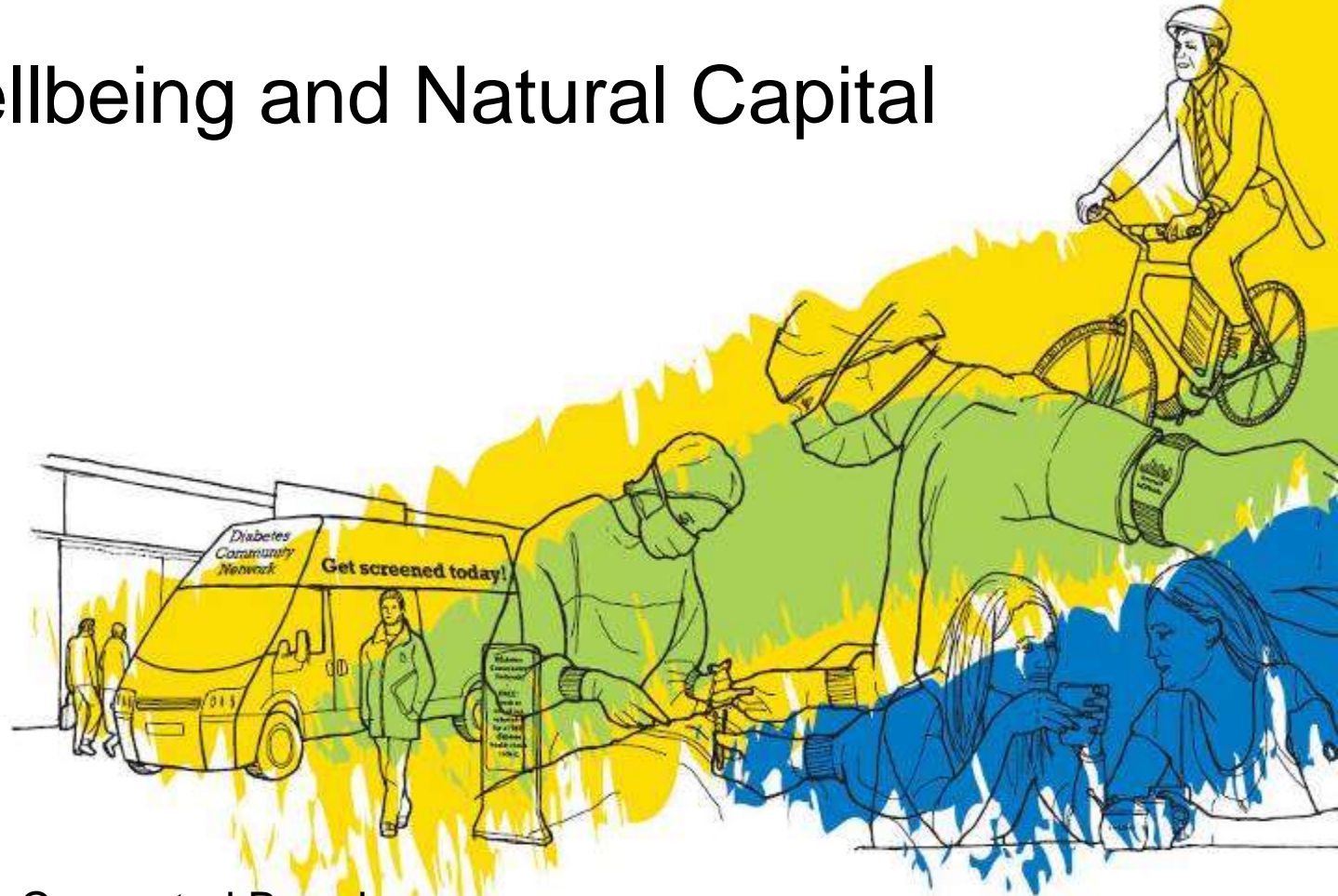


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Questions



Merseyside Nature Connected Board,